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The South Australia Early Childhood Data Project (SA ECDP)

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**Government
of South Australia**
Department for Education
and Child Development



**Government
of South Australia**

Department of the
Premier and Cabinet



**Government
of South Australia**

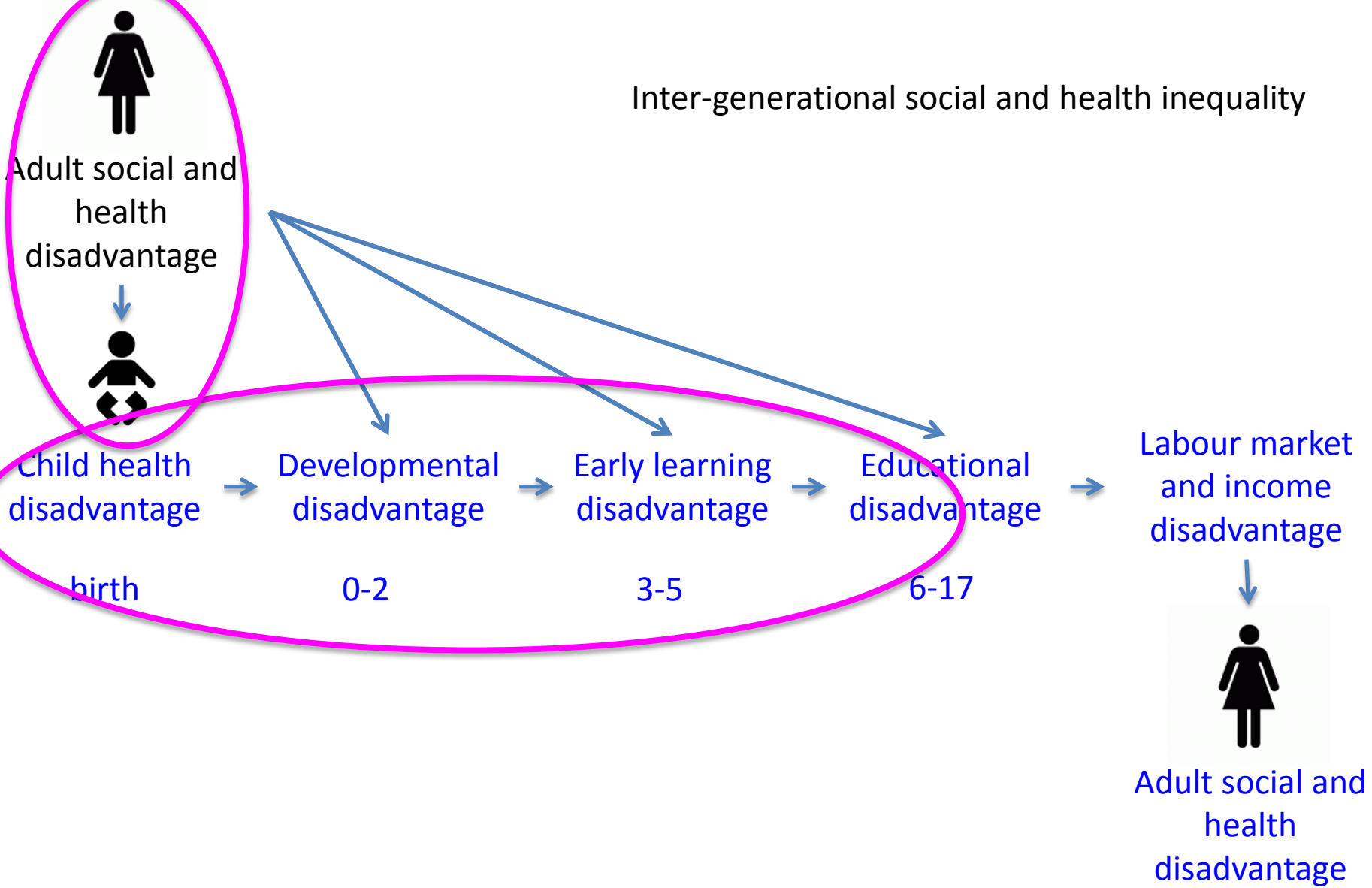
SA Health



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seek LIGHT

Inter-generational social and health inequality



<https://health.adelaide.edu.au/betterstart/>

Every child has the right to
develop strong foundations
in the early years

BetterStart
Child Health and
Development
Research Group

No. 1

SEPT 2014

Synopsis

This report presents an accessible overview of the main concepts behind early child health and development. We summarise the goals of child healthy development in the concept that we call 'Five by Five'. We describe the 5 basic developmental domains that are achieved in 5 stages.

We describe a child centred system that supports the *Five by Five*, ranging from parenting to the main service support systems (health, schools, child care and early learning, child protection, and non-government organisations).

Finally, we describe different barriers to effective parenting that may be experienced by caregivers, and provide a general introduction to the types of service responses that might better support achieving *Five by Five* for all children.

The *BetterStart* Child Health and Development Research Group is a group of inter-disciplinary researchers from epidemiology, public health, nutrition, paediatrics, biostatistics, and psychology who are trying to better understand how to ensure infants and children have the best start in life that will enhance their health and development over the life course.

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<https://health.adelaide.edu.au/population-health/research/grants/echdrg.html>

Research Series



Five by Five A Supporting Systems Framework for Child Health and Development



5 development domains

Five by Five

		← Postnatal →							
		Pregnancy		Infancy	Toddler		Early childhood		
		-9 months	0	6 weeks	12 months	24 months	36 months		60 months
1	Physical	<ul style="list-style-type: none"> - Mother's physical health (e.g., alcohol, nutrients) - Placental health - Multiple births? - Foetal growth 	<ul style="list-style-type: none"> - Neonatal health check - Weight gain - Feeding - Sleeping 	<ul style="list-style-type: none"> - Hearing and vision - Weight / height gain - Immunisations - No physical stigmata of syndromes 	<ul style="list-style-type: none"> - Weight / height gain - Beginning toilet training - Fine and gross motor skills - Immunisations 	<ul style="list-style-type: none"> - Weight / height (i.e., over or under) - Fine / gross motor skills - Self care skills (e.g., dress self) - Vision and hearing - Immunisations 			
2	Language	<ul style="list-style-type: none"> - Mother's physical health (e.g., alcohol, nutrients) - Central nervous system development of foetus 	<ul style="list-style-type: none"> - Normal cry - Vocalising 	<ul style="list-style-type: none"> - Babbling - Single words - Imitates speech sounds 	<ul style="list-style-type: none"> - Increasingly name objects/body parts - Increasing vocabulary - Two word sentences - Increased volume of talking 	<ul style="list-style-type: none"> - Speech understandable by others - Expressive language developing - Receptive language developing - Increasing conversation skills 			
3	Attachment	<ul style="list-style-type: none"> - Mother's social circumstances (e.g., stressors, supports) - Mother's mental health - Unwanted pregnancy? 	<ul style="list-style-type: none"> - No separation from mother - Responsive parenting 	<ul style="list-style-type: none"> - Secure attachment - No separation > 24 hours from mother - Fear of strangers 	<ul style="list-style-type: none"> - Maintain secure attachment - Anxiety on separating from mother 	<ul style="list-style-type: none"> - Forming a secure attachment with other caregivers - Able to be away from mother for several hours without distress 			
4	Social emotional	<ul style="list-style-type: none"> - Mother's social circumstances (e.g., stressors, supports) 	<ul style="list-style-type: none"> - Regards face - Smiles spontaneously 	<ul style="list-style-type: none"> - Interact with others (e.g., responsive smile) - Increasingly able to indicate wants 	<ul style="list-style-type: none"> - Learning to share / 'take turns' - Imitates others actions - Parallel play with others - Increasing need for independence - Developing conscience 	<ul style="list-style-type: none"> - Cope with change in routine - Emotional regulation - Interactive and pretend play - Understanding other's emotions - Knows "right from wrong" 			
5	Cognitive	<ul style="list-style-type: none"> - Mother's physical health (e.g., alcohol, nutrients) - Central nervous system development of foetus 	<ul style="list-style-type: none"> - Reflexes - Neonatal hearing test 	<ul style="list-style-type: none"> - Fine and gross motor skills - Interest in objects - Turns to voice 	<ul style="list-style-type: none"> - Follow two simple orders - Curiosity about and exploration of environment - Developing literacy/numeracy skills 	<ul style="list-style-type: none"> - Drawing (e.g., circle, cross, face) - Concentrate for one minute per age - Follow more complex orders from authority figures - Developing literacy/numeracy skills 			

Across 5 stages

Five by Five

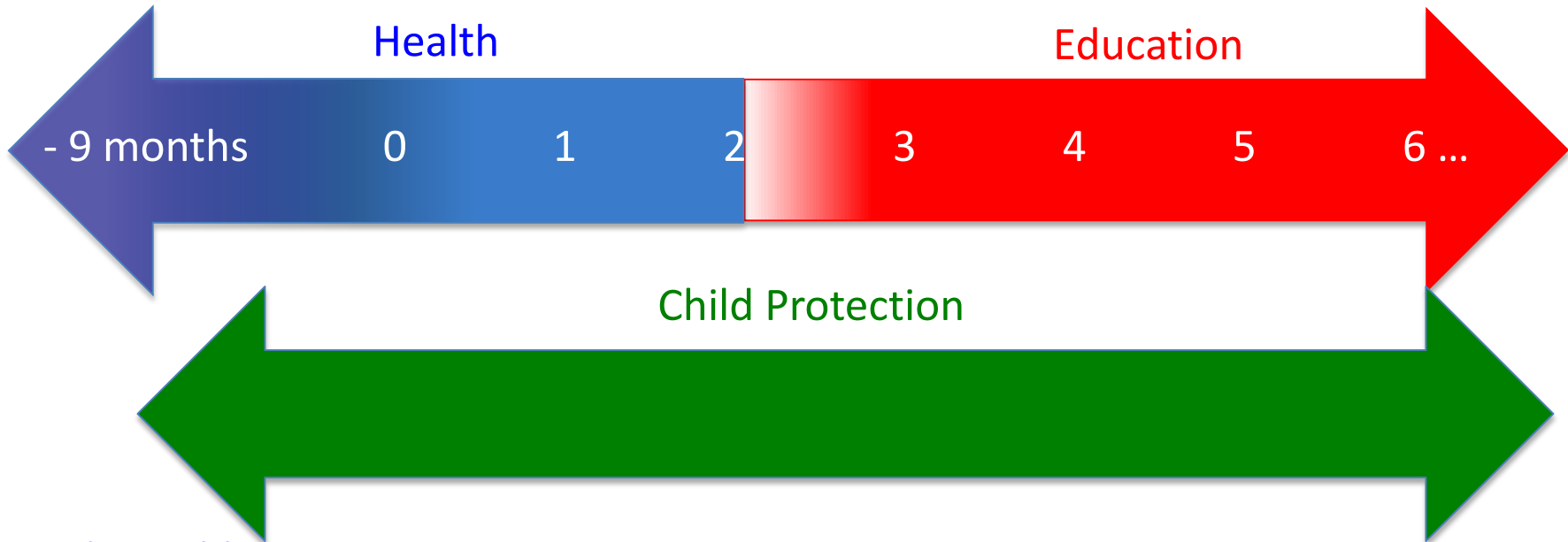


	1 Pregnancy -9 months	2 Postnatal 0 6 weeks	3 Infancy 12 months	4 Toddler 24 months	5 Early childhood 36 months 60 months
Physical	<ul style="list-style-type: none"> - Mother's physical health (e.g., alcohol, nutrients) - Placental health - Multiple births? - Foetal growth 	<ul style="list-style-type: none"> - Neonatal health check - Weight gain - Feeding - Sleeping 	<ul style="list-style-type: none"> - Hearing and vision - Weight / height gain - Immunisations - No physical stigmata of syndromes 	<ul style="list-style-type: none"> - Weight / height gain - Beginning toilet training - Fine and gross motor skills - Immunisations 	<ul style="list-style-type: none"> - Weight / height (i.e., over or under) - Fine / gross motor skills - Self care skills (e.g., dressing) - Vision and hearing - Immunisations
Language	<ul style="list-style-type: none"> - Mother's physical health (e.g., alcohol, nutrients) - Central nervous system development of foetus 	<ul style="list-style-type: none"> - Normal cry - Vocalising 	<ul style="list-style-type: none"> - Babbling - Single words - Imitates speech sounds 	<ul style="list-style-type: none"> - Increasingly name objects/body parts - Increasing vocabulary - Two word sentences - Increased volume 	<ul style="list-style-type: none"> - Understanding language by others - Language developing - Creative language developing - Increasing conversation skills
Attachment	<ul style="list-style-type: none"> - Mother's social circumstances (e.g., stressors, supports) - Mother's mental health - Unwanted pregnancy? 	<ul style="list-style-type: none"> - No separation from mother - Responsive parenting 	<ul style="list-style-type: none"> - Secure attachment - No separation from mother 	<ul style="list-style-type: none"> - Attachment - Separating from mother 	<ul style="list-style-type: none"> - Forming a secure attachment with other caregivers - Able to be away from mother for several hours without distress
Social emotional	<ul style="list-style-type: none"> - Mother's social circumstances 	<ul style="list-style-type: none"> - Spontaneously 	<ul style="list-style-type: none"> - Interact with others (e.g., responsive smile) - Increasingly able to indicate wants 	<ul style="list-style-type: none"> - Learning to share / 'take turns' - Imitates others actions - Parallel play with others - Increasing need for independence - Developing conscience 	<ul style="list-style-type: none"> - Cope with change in routine - Emotional regulation - Interactive and pretend play - Understanding other's emotions - Knows "right from wrong"
Development	<ul style="list-style-type: none"> - Mother's physical health (e.g., alcohol, nutrients) - Central nervous system development of foetus 	<ul style="list-style-type: none"> - Reflexes - Neonatal hearing test 	<ul style="list-style-type: none"> - Fine and gross motor skills - Interest in objects - Turns to voice 	<ul style="list-style-type: none"> - Follow two simple orders - Curiosity about and exploration of environment - Developing literacy/numeracy skills 	<ul style="list-style-type: none"> - Drawing (e.g., circle, cross, face) - Concentrate for one minute per age - Follow more complex orders from authority figures - Developing literacy/numeracy skills

Overall system goal is to achieve the Five by Five for all children

Early Childhood Systems

The Early Childhood Government 'System'



Maternal Health Healthy Pregnancy

Healthy Birth
Healthy Child
Immunization

Feeding, Growth
Sleeping, Settling,
Attachment

Hearing
Vision
Child Development

Child care
Language

Reading

Preschool
Self regulation
Play

Literacy
Numeracy
Cognitive ability

Socioemotional development
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Self Learning Healthy Child Development Systems in South Australia

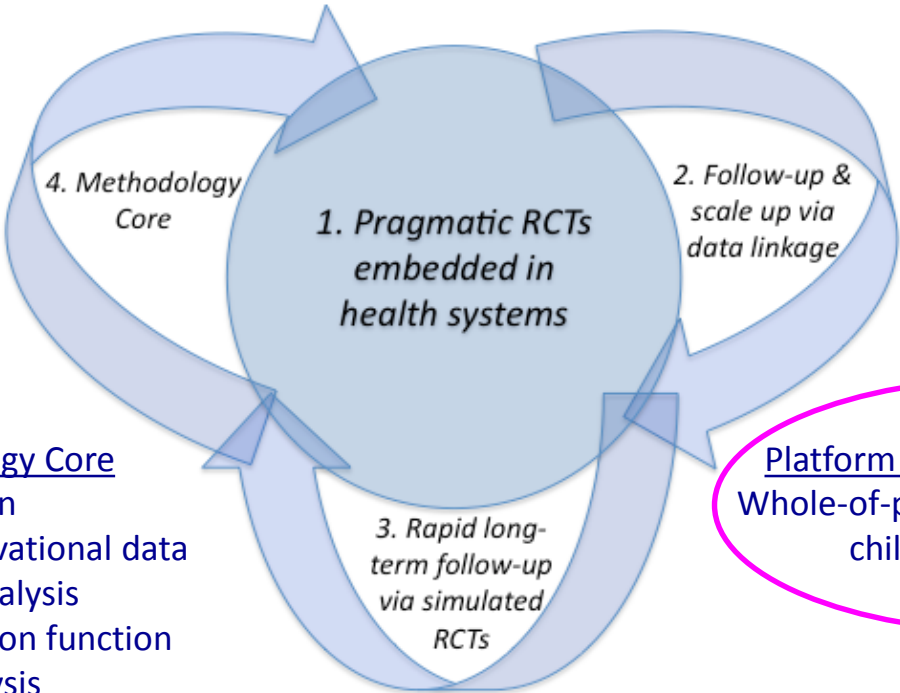
EMPOWER CRE

Health systems, disadvantage and child well-being

CIA Lynch	Epidemiology	Public Health
CIB Sawyer	Child psychiatry	RRI
CIC Mol	OBGYN	RRI
CID Roberts	Placental physiology	RRI
CIE Dekker	OBGYN	RRI
CIF Stocks	GP	Medicine
CIG Schurer	Economics	U Sydney
CIH Gurrin	Biostatstics	U Melbourne
CII Dwyer	CE, SA Women's and Children's Health Network	
CIJ	Director, SA Child and Family Health Service	

Interventional Epidemiology

Platform 1: Pragmatic RCTs and Natural Experiments
in pregnancy, postnatal and community-based care



Platform 2: Follow-up & Scale-up
Whole-of-population linked data for children in SA and NT
N~ 300,000

Platform 4: Methodology Core
Risk Stratification
Simulation of RCTs in observational data
Causal mediation analysis
Human capability production function
Cost:Benefit analysis

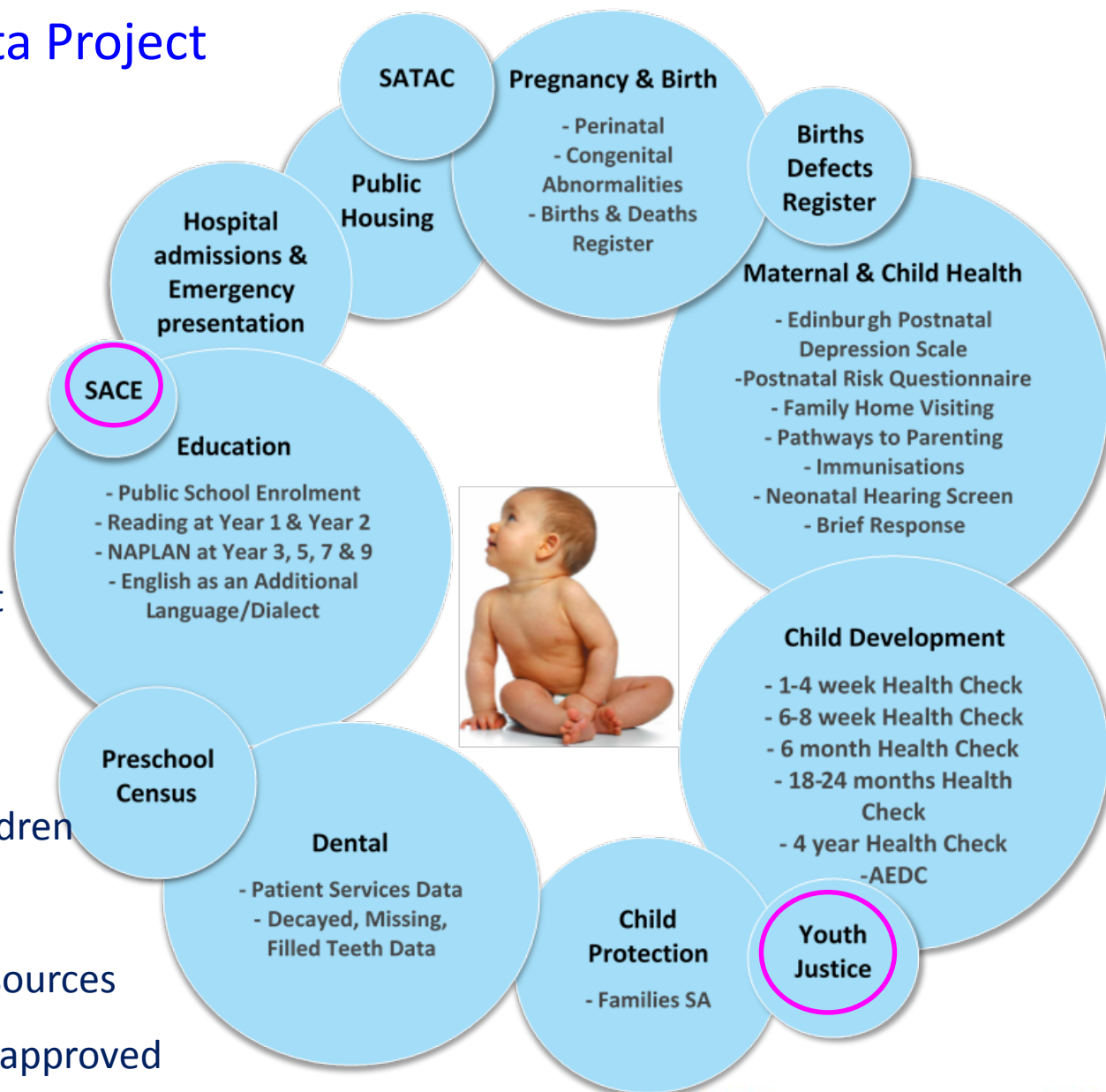
Platform 3: Cohort Simulation of RCTs & Risk Stratification
Cohorts include - SCOPE; LSAC; LSIC; HILDA (Aus)
ALSPAC, MCS (UK)

Platform 2

Data Linkage

SA Early Childhood Data Project

SA Police

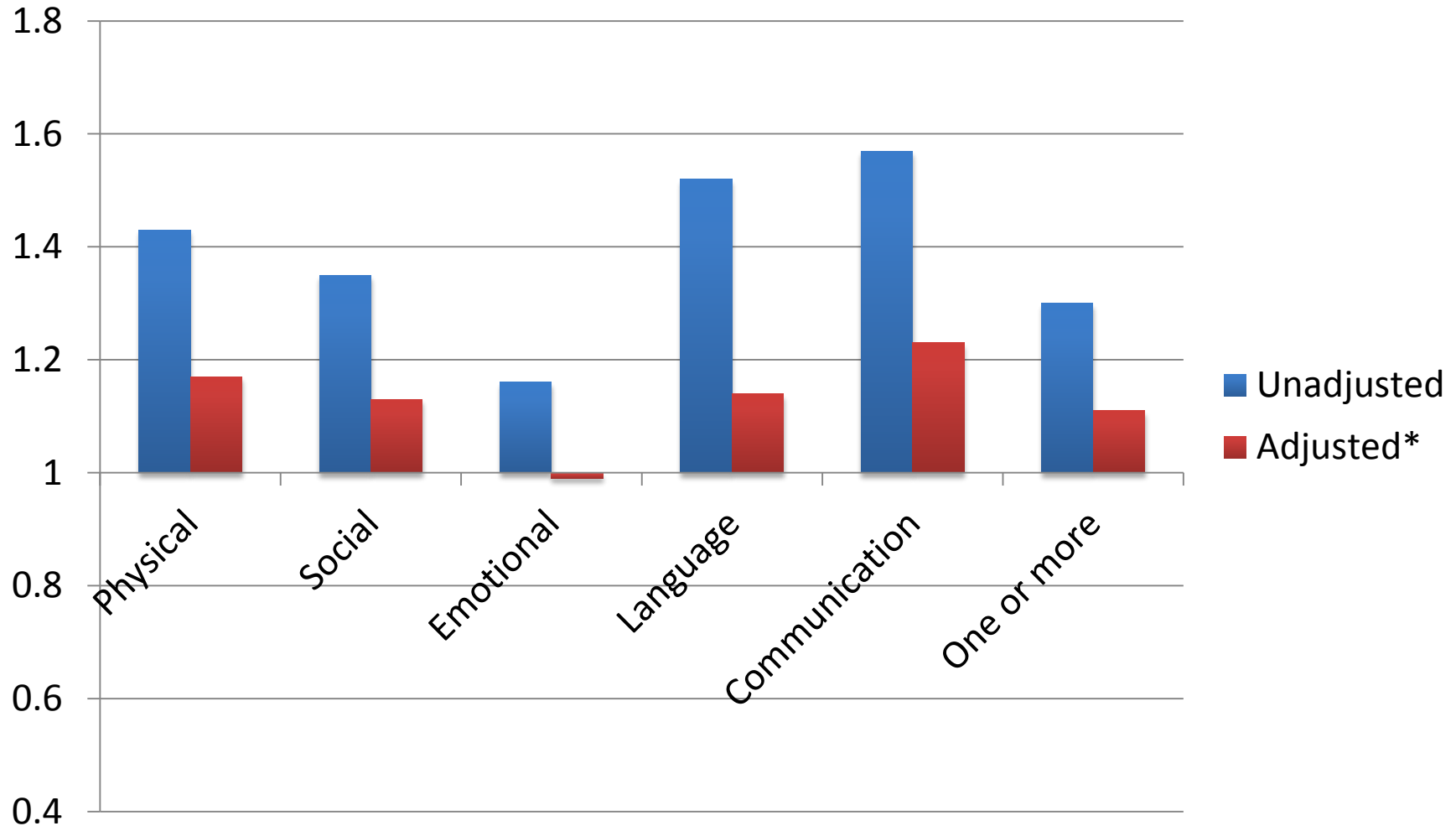


- Every complete birth cohort
- Born 1999-2014
- N = ~ 300,000 children
- N = ~ 12,000 Aboriginal children
- Over 7 million records
- ~ 20 different government sources
- Public good resource - ~ 20 approved researchers including within government

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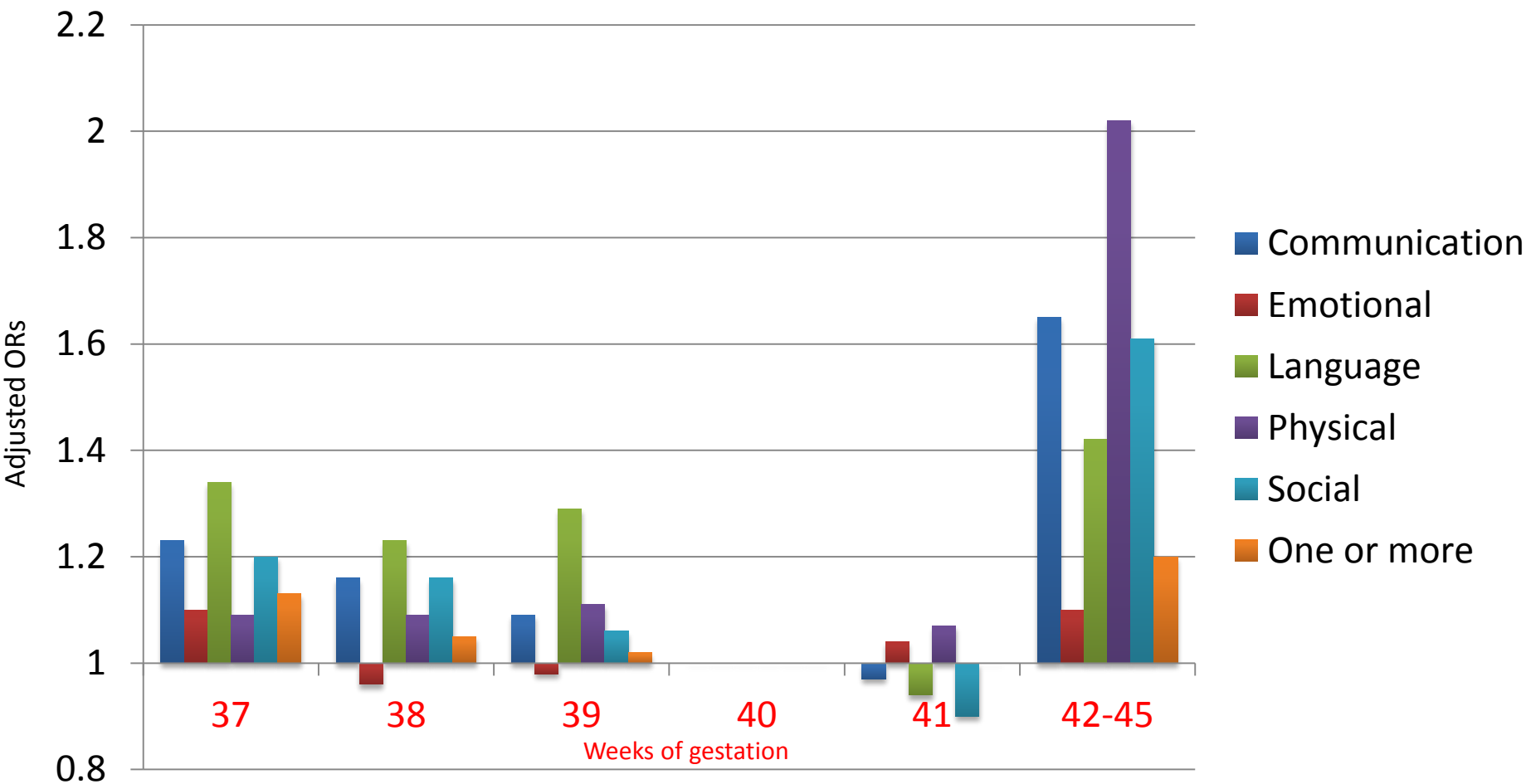
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Anemia in Pregnancy and AEDI Vulnerability (N = 13,654 imputed)



* Adjusted for twin, maternal age, smoking in pregnancy, no. antenatal visits, parity, inter-pregnancy interval, maternal occupation, paternal occupation, Aboriginal or Torres Strait Islander status, remoteness, SEIFA-IRSD.

Gestational Age (weeks) and AEDI vulnerability at age 5 (N = 12,601)



37 weeks: 7%
 38 weeks: 20%
 39 weeks: 23%

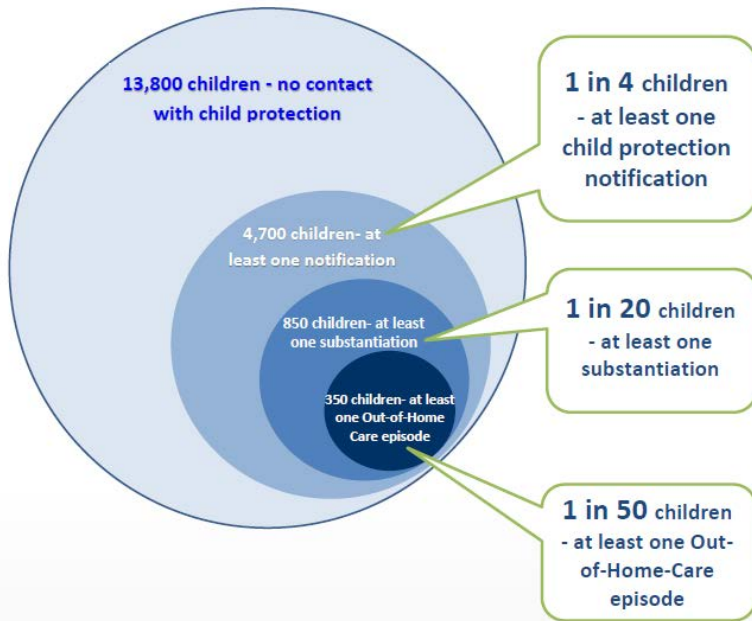
40 weeks: 37%
 41 weeks: 13%
 42-45 weeks: 0.7%

Infographic that accompanied release of the Nyland Commission Report

Contact with the child protection system in South Australia 1999-2015

From 1999 to 2005 there were approximately 18,500 children born each year in South Australia.

In each birth cohort by age 10, there was ...



Interpretation

These numbers display the child protection experience of ~127,000 South Australian children born from 1999 to 2005, and followed up until age 10.

The data show that 1 in 4 or 25% of all children were subject to at least one child protection notification, 1 in 20 or 5% of all children were subject to at least one substantiation, and 1 in 50 or 2% were subject to at least one Out-of-Home care episode.

BetterStart Research Report Dec 2016

Child Protection in South Australia

The increase in child protection notifications and system involvement is a global concern. In recognition of this, the State government in South Australia established a Child Protection Systems Royal Commission led by The Hon Margaret Nyland AM in August 2014, to examine the child

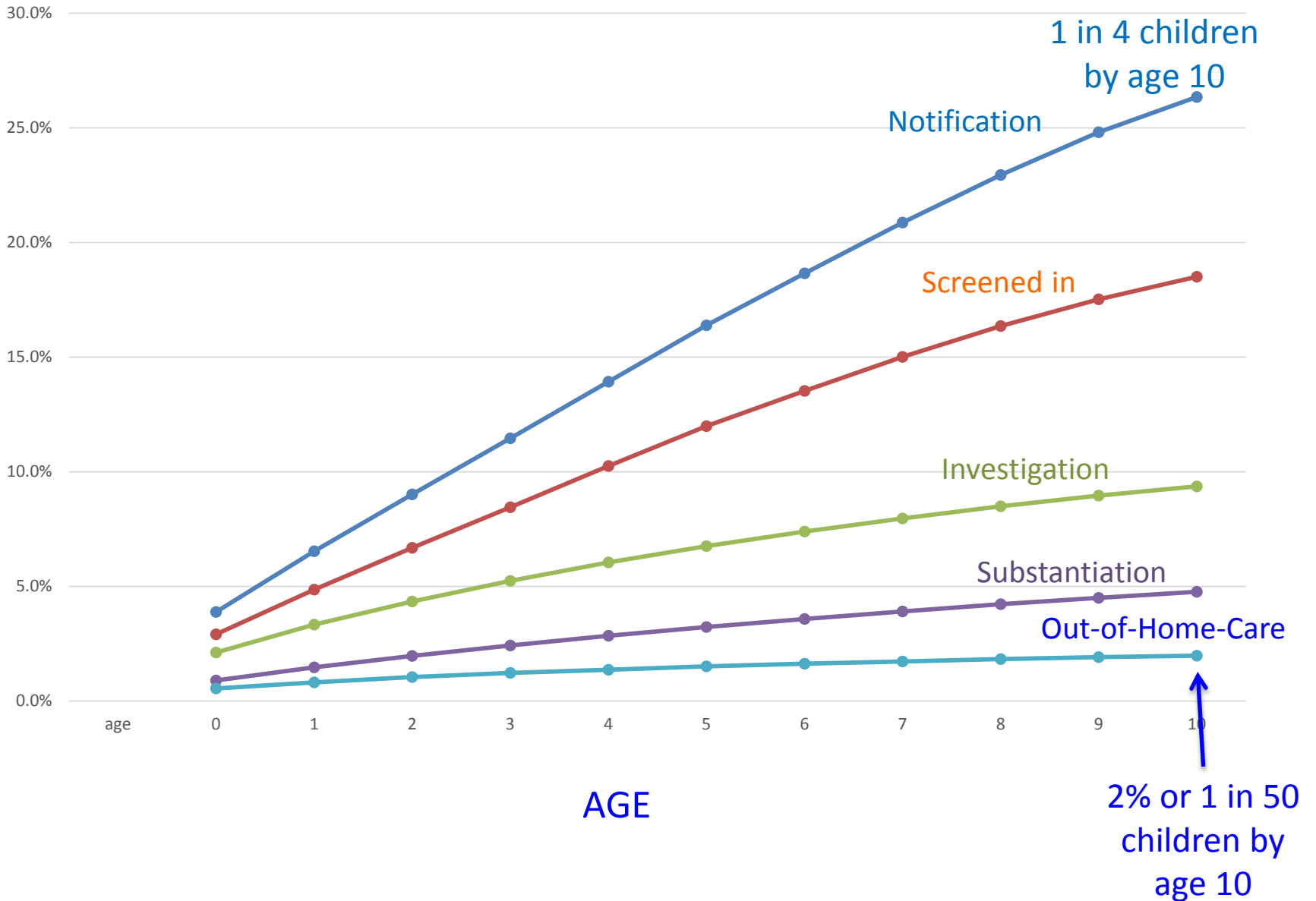
One focus of the project is to help the government respond to this report. The 'joining-up' of child protection data with perinatal, hospital, child and family health, education, public housing, and youth justice data has never been done in South Australia.

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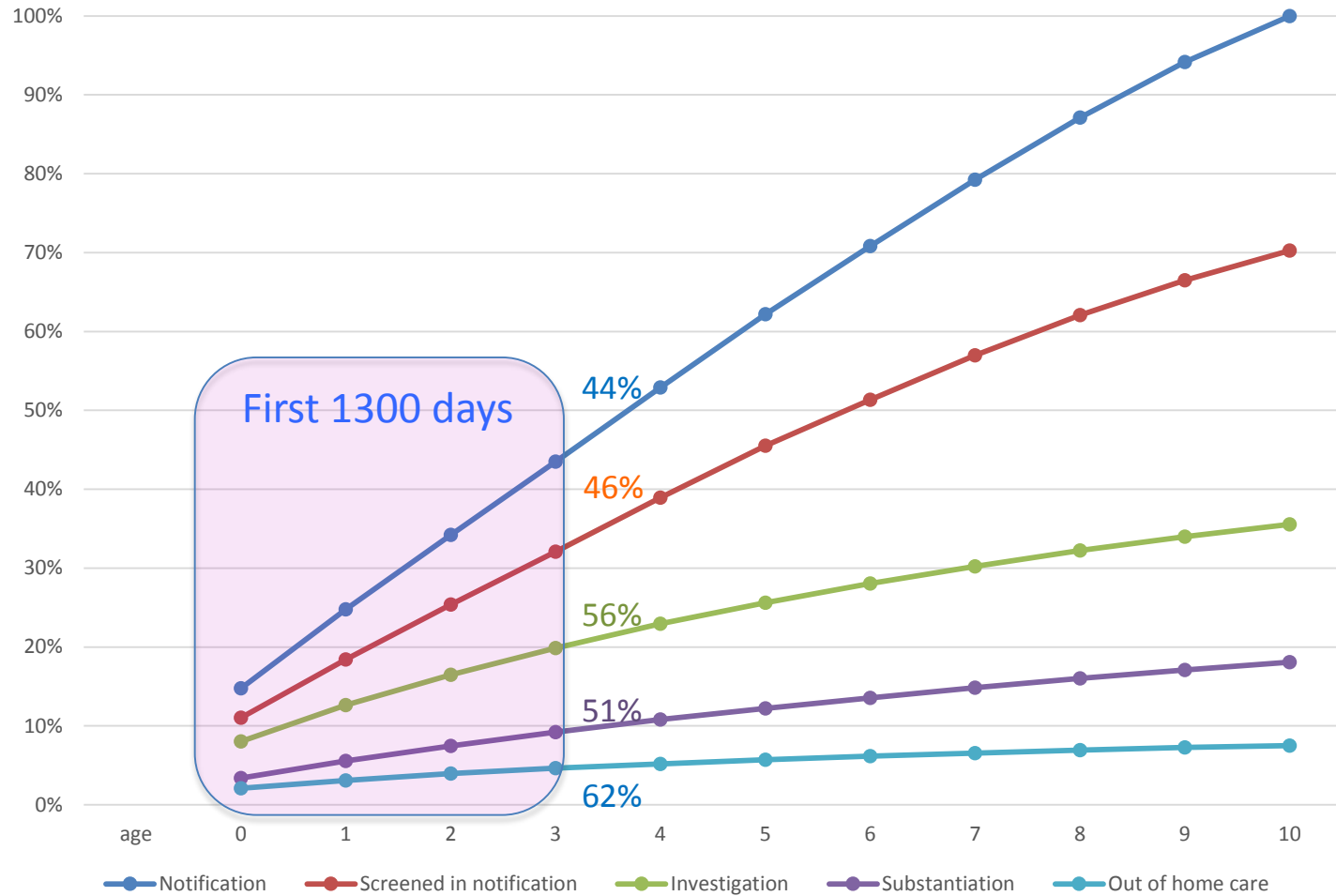
Cumulative Incidence of Child Protection Contact Types (1999 – 2015)

Denominator = Total Population of SA Children (~128,000)



Cumulative Incidence of Child Protection Contact Types (1999 – 2015)

Denominator = Number of Children Notified to Child Protection (n=33,235)



A Public Health Approach To Early Intervention

SA Population by age 10

(20,000 births per year)

3,842 children per birth cohort (~80%)
no further action by child protection agency

At least 1 Notification

4,700 children in every birth cohort
~25% of children

Screened in Notification

3,336 children in every birth cohort
~19% of children

Investigated

1,687 children in every birth cohort
~10% of children

Substantiated

858 children in every birth cohort
~5% of children

Out-of-home Care

355 children in every birth cohort
~1.8% of children

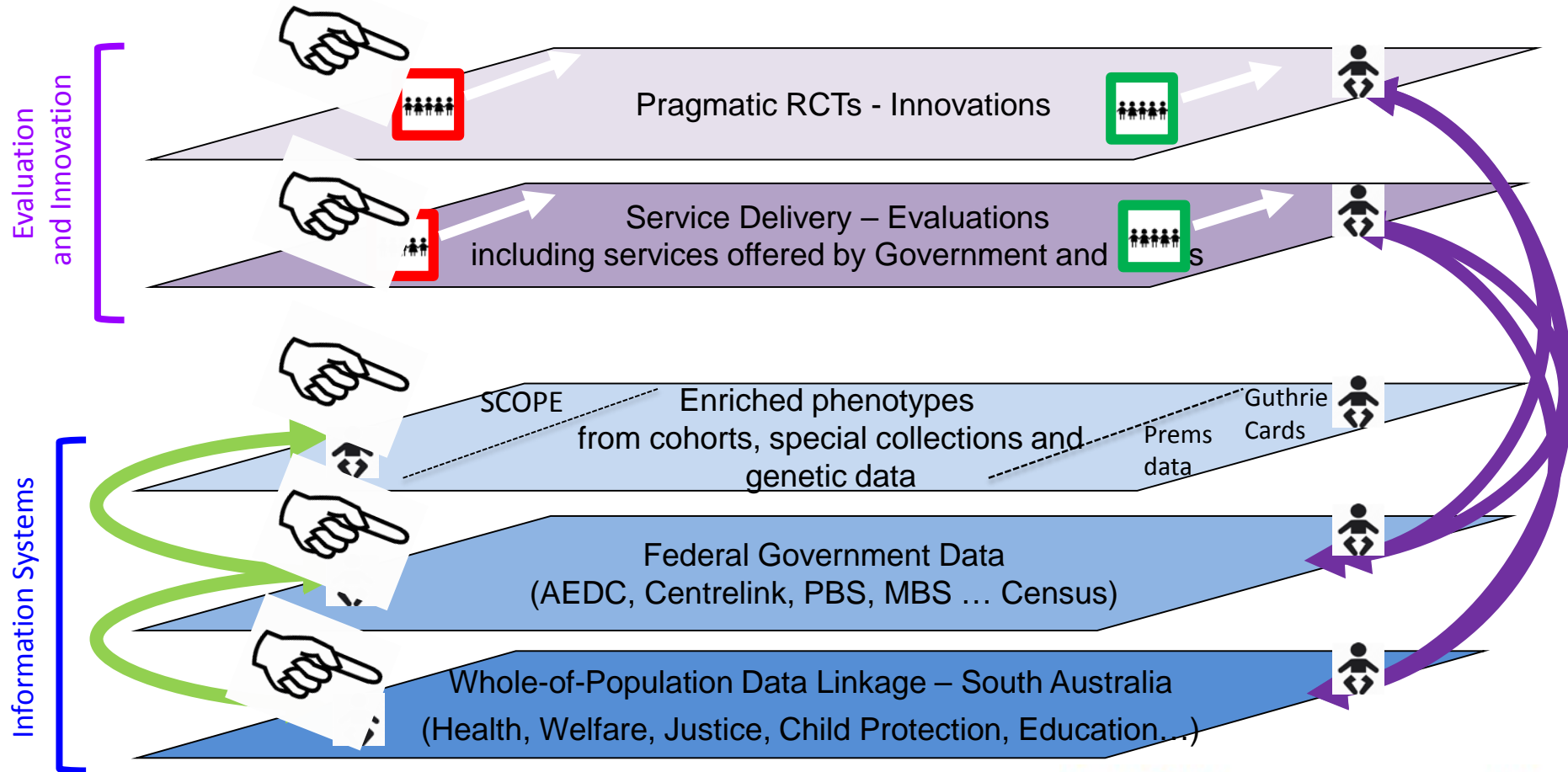
1,364 children not screened in

1,649 children not investigated

829 children not substantiated

SA Early Childhood Data Project – Information, Evaluation, and Innovation

Integrated research information system + government ‘business intelligence’ system – combines linked administrative data, cohorts, service delivery evaluations and RCTs



Data Linkage and Routine Evaluation Studies

Use linked administrative data to routinely and cost effectively evaluate programs and service delivery innovations

- using RCTs for medium term follow-up in school
- propensity score matched comparison groups
- regression discontinuity designs
- instrumental variables

Information Systems and Improving Effectiveness of Services

- **IF** we knew who was in and not in the systems – coverage in the population
- **IF** we knew which services children and parents accessed
- **and IF** we were able to regularly, routinely collect relevant outcomes like child development, mental health, physical health, ...
- **and** we were able to create, document and measure changes in service provision, e.g., “integration” such as Children’s Centres
- **Then** a population-wide data linkage information system could be used to help quantitatively evaluate service innovations on a routine, cost-effective and sustainable basis
- **And** potentially in close to real time to provide clinical and practice feedback to improve service quality



The science of the “bleeding obvious” ...?